

Bitterne Park Stores and Artel

Bitterne Park Stores is the Triangle's new grocery store, with fresh fruit and vegetables, alongside a wide range of other food and household goods, cheeses and dairy, and a wide range of local alcoholic beverages. The stores includes a corner for Artel, the collaboration of local artists and makers who opened the shop as a pop up before Christmas. Artists will be rotated on a monthly basis with lots of exciting new products coming to the space. 



This community newsletter has been funded by Transition Southampton Growing Places project from The National Lottery Community Fund, distributed by Transition Network. See transitionsouthampton.org/growing-places
The Southampton Collective has also provided funds for this project www.socollective.org.uk


If you have any comments, feedback, articles for the next edition or if you would like to contact any of the groups or events mentioned please email stdenysnews@gmail.com or write to us at St Denys News, c/o October Books, 189 Portswood Road, SO17 2NF.

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So:Linked

We all know Southampton has lots to offer: arts and crafts groups, support for your mental health, advice and guidance, help to get online, befrienders, support for people living with dementia, outdoor and physical activity groups, practical help and volunteering opportunities, but sometimes it is hard finding the support you need.

The So:Linked team can help. They will listen, let you know what's out there, and help you link up with whatever you choose! They also support and advise people, communities and services to come together, set up and deliver these fantastic initiatives. So, whether you're small community group, a large voluntary organisation or anything in between we'd love to hear from you! 023 8021 6050  www.solinked.org.uk



THE ITCHEN SINK

Welcome, St Denysians, St Denysta's and anyone else who picks up this, our first local newspaper. We really are very excited to see this in print and are very proud of all that goes on in our little corner of Southampton. A small group of us thought it was time to celebrate and share with everyone some of the local events, support, community news and other activities and so the "Itchen Sink" was born. This has been delivered to all St Denys residents riverside of Thomas Lewis Way. Please read and enjoy our first edition.

All groups marked  can be contacted via Facebook

Why St Denys?

We hope you all love this corner of Southampton where we live. But have you ever wondered why it is called "St Denys?" Well...

In 1123 Henry I was living in Southampton Castle and heard news that his son had been drowned in the Channel. He was devastated and in his grief he established an Augustinian priory to say masses for his son every day. Henry I was French and named the Priory after St Dionysius, patron saint of Paris. A group of priors moved into the priory and set up a small "hospital"; they went to the walled city to tend to the sick and dying and rehabilitate them in the cleaner airs of the "countryside" at St Denys.

And so in St Denys we have streets called "Priory Road", "Priory Avenue" "Priory Close" and "St Augustine Gardens".

Do you know where you can still see a bit of the priory in St Denys?

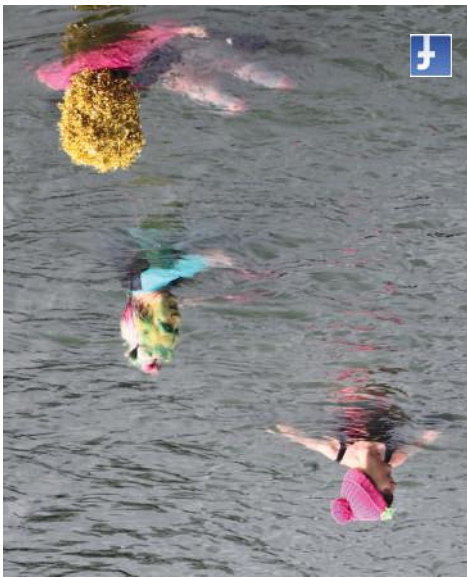


To find out unfold the newspaper and go to the map in the centre which will show you where.
by Katherine Barbour, local historian



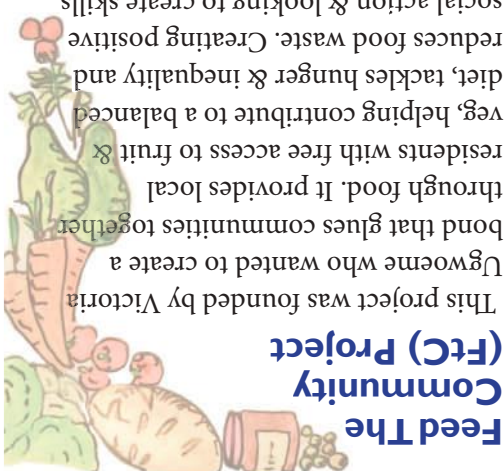
Over The Garden Fence

Sell or give away things, bring out a chair & a cuppa to your own front garden. A chance to wander around, get to know your neighbours again! Look out for mobile 'Priory Teas' Milk float between 11-1 as they do the rounds. Bring own cup, cake provided! 11-2pm Sundays April 25, May 30, June 27, July 25th More info 07952314768



Wild about swimming?

It's great to make the most of our river. So if you fancy a friendly welcome and swim by Riverside Park, come find the Kingfisher Swimmers. Wander upriver from the Woodmill to Mansbridge section most mornings at around 7.30am and you are likely to spot someone in the water. They are not a club, just a collection of friendly people that like to swim!



Feed The Community (Ftc) Project

This project was founded by Victoria Uggome who wanted to create a bond that glues communities together through food. It provides local residents with free access to fruit & veg, helping contribute to a balanced diet, tackles hunger & inequality and reduces food waste. Creating positive social action & looking to create skills in project management, co-ordination, sourcing, counselling, and youth engagement. They are passionate about upholding strong social values through the understanding of cultural diversity. In future, they plan to create a Community garden to nurture a healthier community. Ftc is at St Denys Church every Friday 11-12.30 pm. Contact 07853 238831 for more information



The 'Lost and Found' Community Project

In this last year we've all experienced loss in different ways - of people, of jobs, of income, of health, of security, of hugs. But there have also been new things too - babies born, friendships deepened, skills developed, patience found!

The plan is that in May & June, we all decorate St Denys Church fence with ribbons to represent all that we have 'lost and found' during the Covid pandemic. More information coming soon

Wild about St Denys?

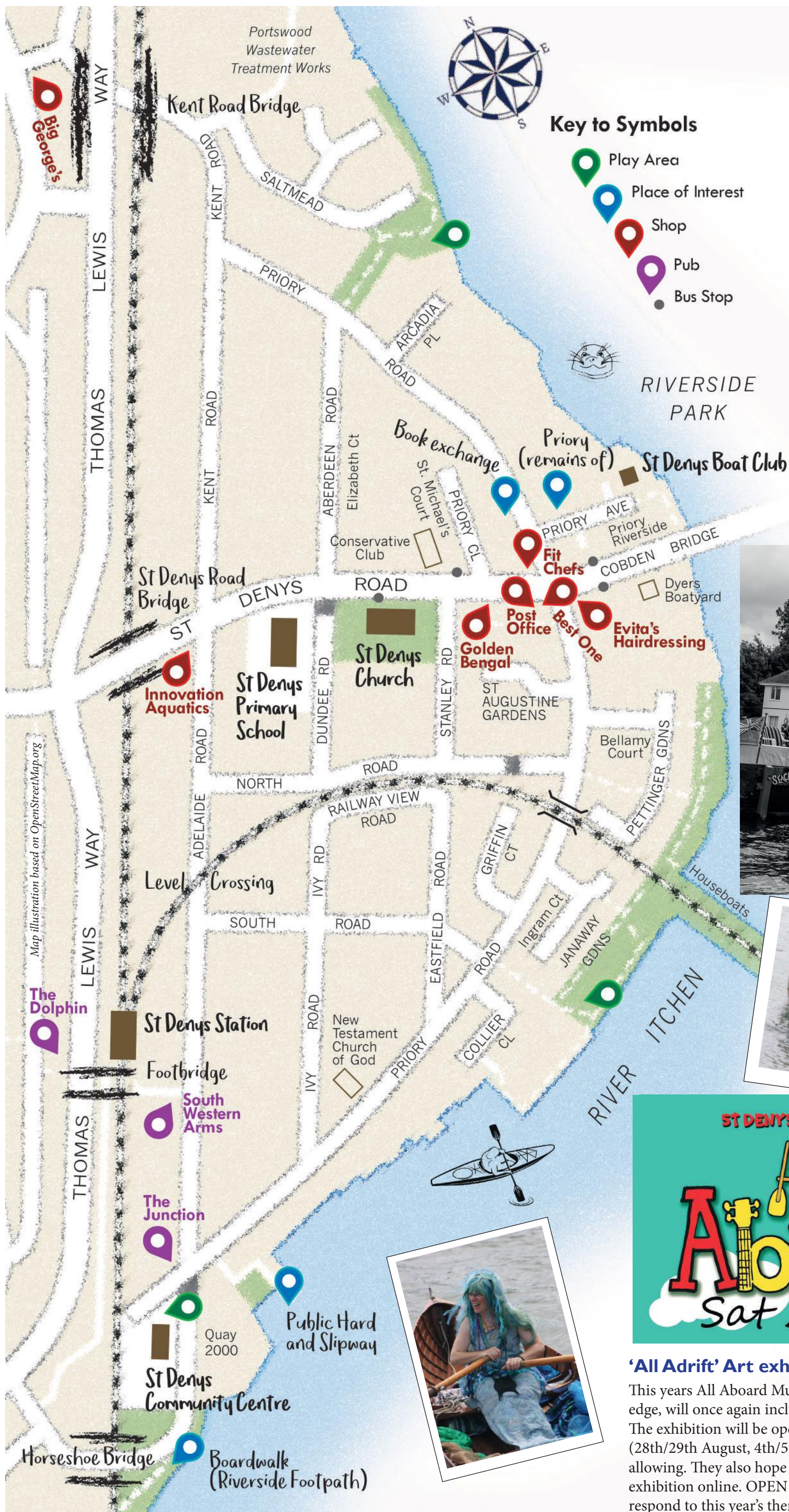


Front Gardens Plus (FGP)

FGP is a local gardening and greening group set up just before the country went into lockdown! They have all sorts of exciting plans for the future. They are running a sunflower competition soon have given out free seeds and organised a plant and seed swap over the Easter weekend. FGP have already set up a community flowerbed on Priory Road near the railway bridge. They have called it Plot One, as it will be the first of many green spaces around St Denys that they want to plant up.

Seals, swans, sparrows and sparrow hawks, buzzards, nightingales and even sea anemones. From the rarer to the obvious, there are plenty of chances for the eagle (or even duck) eyed observers

Wildlife wizards are to hand for getting to know what's what. From the board-walk to Woodmill, there are havens for ravens and patches for pigeons. Our gardens, front and back are the local stronghold of many creatures including frogs, hedgehogs and all the bugs and wild 'weeds' they need to survive.



SOUTHAMPTON SCRAPSTORE

Southampton Scrapstore is a place of wonders for anyone who is arty, crafty or likes to make do and mend. Filled to the rafters (literally) with reclaimed paper, card, fabric, plastics, paint and so much more. Open from 12th April and welcoming new members, you too can support this charity that has been saving reusable waste in Hampshire for 35 years, reducing landfill and promoting creativity through conscious reuse. Over lockdown they distributed over 1500 free crafts packs to food banks and cafes supporting the local community through these hard times.

Unit 15, Belgrave Industrial Estate
SO17 3EA

southamptonscrapstore.org.uk



'All Adrift' Art exhibition

This years All Aboard Musical and Theatrical festival at the waters edge, will once again include an exhibition at St Denys Boat Club. The exhibition will be open to the public over three weekends (28th/29th August, 4th/5th and 11th/12th September) restrictions allowing. They also hope to create a virtual tour and host the exhibition online. OPEN CALL to local artists announced soon to respond to this year's theme 'all adrift' further details available soon.